Let’s begin by getting a couple of negative ideas around abundance out of the way first!

The Secret of Money Is Having Some

Money is only one facet of abundance, but because it is such an issue for many let’s have a deeper look at it. First, it helps to remember that money is simply a tangible form of energy exchange. If a Martian arrived on earth and was given hundred dollar bills, he could quite easily use them to get a fire started. To him, they’d just be bits of paper. Money is simply a form of exchange for the energy we put out, which is why I have a problem with the oft-stated belief about achieving a desired result (especially among those newer on the spiritual path), of: *Oh, I don’t have to do anything. The universe will provide.*

The immutable Law of Energy Exchange clearly explains why this belief is flawed. We receive back energy in some form in direct proportion to what we expend, depending upon our intention and attitude behind it.

The Power of “I Can’t”

Whenever you think or say *I can’t*, your subconscious mind believes you and closes all doors to creating or attracting what you require or desire.. Instead, flip the switch and say *How can I?* This question opens the door, so new ideas can come through from your subconscious mind as it sets to work to find an answer. It also allows your Higher Self to help you reconfigure your mind so you can achieve your desire.

Try this: Imagine abundance, including money, as a limitless, self-perpetuating ocean. You are invited to take however much you would like. What kind of apparatus would you use to take your share?

Did you immediately think of using a cup, a bucket, or even a wheelbarrow? How about plugging directly into the ocean and turning on the tap for your supply—. Think garden hose, for example. If you chose anything less, you now have another major insight into your subconscious programs of lack, limitation and scarcity!

Limitless Supply

Work on accepting that the universe is limitless, that the Quantum Field contains all potential, together with all information regarding any kind of possible perfect creation that is waiting for you to bring into form. Only you can close the floodgates on this unending flow that’s easily accessible when you allow your Higher Self to partner with you.

Only you can dam up the limitless supply of all abundance and good and prevent it from continuously flowing into whatever form of manifestation you choose.

I personally give thanks each day for all the wonderful forms of abundance I enjoy that create my Heaven on Earth kind of life. Here is an example of how I word my gratitude:

*I give thanks for the abundance of love to give and receive; abundance of peace and tranquility in my little home haven; abundance of beauty all around me and in the world I look out on; abundance of health, wellbeing, mental acuity and energy; abundance of fulfillment and success I continue to enjoy in everything I do both personally and as my Soul Service; abundance of lovely things to do and experience, like social events with friends or attending a ballet; abundance of money continuously flowing into my accounts, so I live with comfort and ease …*

Why not take a moment now and do the same for the abundance you already enjoy? Write out your own words of gratitude, listing all the ways you are thankful for your life. Imprinting this all-important limitless, expanding and ongoing abundance consciousness into your conscious and subconscious minds is a Miracle Habit essential to I AM Mastery—and to create the life you deeply long to have.

Money and Spirituality

The big issue for so many people, especially for those intent on their spiritual progress, is money. Many centuries of conditioning by religious teaching is the main source for the mindset that it’s noble to be poor. *If you want to be spiritual, then it’s essential to live in poverty,* is how this powerful form of control goes.
But what is noble about being so consumed with the desperate need to get enough money just to survive that there’s no time left for anything else, let alone appreciating the gift of life and following spiritual pursuits? The best way I’ve heard for expressing this mistaken belief is: *If you’re wealthy and enjoying a sexual relationship, then you can’t possibly be spiritual. To be spiritual, you have to be horny and broke!*

**My Best Tips!**

- **The “no limits” mantra.** A dear friend of mine once made a throw-away remark that stuck in my mind. He said that he never let money limit him, and his life demonstrated this truth, even though he wasn’t born wealthy or inherited money. So I now live by the same mantra as the icing on my financial abundance cake. I’ve re-worded it to get rid of the negative word and give it more punch.

  Here it is—I say it often with conviction and a big grin: *I refuse to allow money to limit me!*

- **Focus only on the outcome, not a specific income.** In other words, be aware of what you really require and desire money for. Isn’t it so you can live perfectly in comfort and ease? This has to include being able to effortlessly pay all your bills and expenses, buy the necessities of life, enjoy treats and special occasions, do what you love to do. Notice how the magic word *perfectly* ensures all this. The secret is, don’t limit yourself to an amount. Allow your I AM Higher Self to supply all you require and desire, and you’ll often receive much, much more.

- **Allow for extra abundance.** If instead, you focus on a particular amount, you won’t allow marvelous, extra abundance, even financial miracles, into your life. Even for a specific item that has a certain price tag, like a car for example, why not be free and limitless by simply stating your desired outcome for the perfect car? You can include details such as perfect mileage and age, the make and any other details important to you if you wish. But if you allow HS to work through you, then the outcome is likely to be far more wonderful than you could have imagined was possible —and you may not even have to buy it yourself.

- **Get out of your own way and let your Higher Self work miracles.** Holding only the perfect outcome as your aim will help you get out of your own way so your Higher Self can answer in ways that transcend the usual monetary requirement. I remember Ava, a lady who came to my meditation group two decades ago, telling me she was putting out her need for a reliable car to buy to take her to work. Some weeks later when I saw her again, I asked her had she manifested the car yet.

  “Oh yes,” she replied, “I’ve got another car.”

  “That’s great manifesting,” I replied enthusiastically.

  Without missing a beat Ava answered, “Oh no, it doesn’t count.”

  Puzzled, I asked her why. “Because my brother gave it to me!”

  The moral of the story is this: Refuse to allow yourself to create limits by becoming attached to your outcomes appearing only through the means you can envision. Never forget that your I AM Higher Self can work miracles through whatever instrument or person that is best for you. All you should do is remember to be grateful.

Abundance and money come from many sources and sometimes in what appears to be mysterious ways or via an unlikely person. Never limit the way or person that brings it to you. Give thanks, allow yourself to receive graciously and with a grateful attitude.

Aim to see money as mystical in that it’s simply a material form of energy from the ‘**Cosmic Coffers**’ of the Limitless Universe!

**Special Universal Laws Governing Abundance**

There are several Universal Laws that particularly apply to manifesting money, useful to know so you don’t inadvertently get in your own way by not applying and living them. These Laws help you to understand the energetic ‘mechanics’ of manifesting and attracting abundance of all kinds, especially money. So I suggest you go through each one slowly and check within to see if it’s part of your understanding and truth.
If any one of them or part of one is not, then see if you can remember hearing its opposite belief as a child. All the beliefs you took on in childhood were recorded in your subconscious mind without question, and they remain there operating like ‘software’ running our thoughts, actions and resulting outcomes.

That is, until you recognize each one - and choose to change them!

Beliefs about prosperity and having financial abundance must be in alignment, not against your desires. Listen to the words you speak, often based on what you heard growing up, eg. Lack and poverty consciousness sayings and beliefs such as: ‘I/We can’t afford that!’ “There’s not enough to go round;” “Money doesn’t grow on trees!” “You can’t have money and still be spiritual!” et al.

They are not facts. Say firmly to yourself, or more precisely to your subconscious mind –

CANCEL, CANCEL, CANCEL!!!

Then reword the old mistaken belief as a positive opposite fact, and then keep reminding yourself that you now know this to be your truth. Writing your truths down and reading often is one good way to re-program your powerful subconscious mind. Believe in an abundant Universe.

The Law of Circulation

This is partner to the Law of Energy Exchange: Energy you send out in any form always comes back to you, like the outward and return movement of drawing a circle. And what comes back is multiplied because it magnetically attracts like energy, so keep mindful of your thoughts and feelings when giving out money. Don’t allow yourself to be fearful of making payments, especially bills. Pay confidently, making sure you do so with an attitude of appreciation and blessing rather than with resentment. Negative energy blocks the possibility of money continuously streaming in, while positive energy creates the space and movement for more to continue flowing into your hands or accounts effortlessly and abundantly.

Energy needs to keep moving and circulating, not be stored up just for the sake of having a big bank balance. Have you noticed an increasing number of wealthy people today are living with this more enlightened awareness? Instead of accumulating more and more wealth, they consistently give out what they don’t need to support humanitarian projects and those less fortunate than themselves. And they are noticeably happier for keeping money circulating in this way, as well as helping make the world a better place for more people.

Law of Attraction and Enjoyment

You can only attract and receive what you can see yourself attracting and enjoying. If you despise money or think it’s ‘dirty’ then you will repel it! Like attracts like. Love what having abundance enables you to do and enjoy, as well as how you can share more and help others. Truly a ‘win-win’ situation.

The Law of Tithing

Many years ago when I was a struggling solo parent wondering how I was going to pay the bills, I asked Holy Spirit what I should do. The answer was certainly not what I expected. It was suggested I take on a second child to support as part of an overseas programme that helps third world countries. I had managed to keep supporting one—but two? Before I had time for this to sink in, an additional suggestion came: Have 500 bookmarks printed with the I AM Decree on them to give out free of charge.

To say I was gobsmacked is an understatement. For a while, I wasn’t brave enough to do either, but seeing I was learning to trust Spirit at that time, I finally plucked up enough courage and did both. Very soon afterwards, work came in, money owing to me was paid, and all was well—that is, until the next time.

I must have been a slow learner because the following year I was in the same predicament and asked again for guidance. I received a similar answer, except this time instead of bookmarks, HS suggested I start regular, conscious tithing, even with the minimal and erratic income I had. It worked, of course, and so I was introduced to the magic of tithing.

The principle underlying tithing is that giving fearlessly and joyfully releases a flow of energy that opens the way for more to come in. Fear of not having enough, that the source will dry up or is limited, restricts—even stops—the flow, as I’d already learned the hard way.
Tithing affirms your confidence and certainty – not just hope or belief - of knowing there’s always plenty more whenever you require it. It’s also a tangible way of giving thanks and appreciation for your life and all you have and enjoy – keep in mind that the Law of Gratitude expands what you focus on.

Tithing is giving approximately ten percent of your income (or what you receive from any source), with genuine love, joy and pleasure. (The words *tithe* and *ten* both have the same root.) You give with no expectation of a return, not even thanks. This is the reason why secret or anonymous tithing is preferable. Tithing can also be done partly in the form of giving time and/or expertise; you can apply the “5+5 rule” of giving five percent in money and five percent in your time.

To support the giving principle, aim to give a gift every day. It may be as little as a smile, a compliment, a kind word, a random act of kindness, paying for someone’s parking or cup of coffee. Ask yourself daily: *How or what can I give today?*

**Law of Gratitude and Appreciation**

See only *abundance* in and of life – you have the choice to see an abundance of good or an abundance of lack. Remember that the Law of Gratitude is a law of increase so what you focus on always expands. Is your glass half full or half empty? Appreciate and give thanks for what you already have and what you are creating – this affirms your belief and acceptance of it. And that there’s plenty more! Remember always to *bless your bills* - and all money paid out! If you still use cheques, write on them BRM (Bless-Return-Multiply)!

**Law of Self-Worth - Do I Feel I Deserve It?**

To create anything worthwhile in your life you must first *believe* you are worthy to have it. By affirming that you are indeed a Divine Being in human form, you are saying that *you are worthy and totally deserving of the greatest abundance possible!*

**Law of Oneness**

Wish for others what you wish for yourself. Rejoice in others’ good fortune. Bless others and yourself. Remember that having feelings of envy or jealousy means that you are actually focusing on *lack* - and therefore increasing it in your life!

*I trust you’ve enjoyed this tiny sample of empowering information from my evolutionary guidebook *The MIRACLE EFFECT* – remember to check in on my blogs and Facebook regularly for more ongoing gems of wisdom which you can share with your family and friends!*

*And don’t forget to get your copy of my ‘must read’ book soon so you can learn much, much more on how to become a manifestation master and create your Heaven on Earth life every day – and attract miracles!*

*With love, blessings and miracles,*

*Sylvia*

[www.sylviavowless.com](http://www.sylviavowless.com)